

# Reiki Level 1 Evening Teaching Sessions



Reiki is the name given to a system of natural healing which evolved in Japan, taught by Masters who have trained in the tradition.

Reiki teaches you how to relax, meditate and self-heal, promoting self-awareness, calmness and confidence to improve your health & wellbeing.

Reiki is not religious and requires no belief system – it just works.

Upon completion of the course you will receive your Reiki Level One Certification

Join us at **JUBILEE HOUSE**, St. Paul's Street, CW1 2QA in the centre of **Crewe**, in a small group to train to Level 1 Reiki under a Master Teacher.

 **FREE 3 Hour Evening Sessions x 4**

❖ **24<sup>th</sup> November 2016: 6.00pm–9.00pm, for 4 weeks**

❖ Refreshments provided, £1 contribution per week

❖ PLACES LIMITED, NEED TO BOOK.



For more information call: 01270 256919



# Reiki Level 1 Afternoon Teaching Sessions



Reiki is the name given to a system of natural healing which evolved in Japan, taught by Masters who have trained in the tradition.

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Join us at **JUBILEE HOUSE**, St. Paul's Street, CW1 2QA in the centre of **Crewe**, in a small group to train to Level 1 Reiki under a Master Teacher.

 **FREE 2 Hour Daytime Sessions x 6**

❖ **Daytime Session 2017 dates & times to be confirmed**

❖ Refreshments provided, £1 contribution per week

❖ PLACES LIMITED, NEED TO BOOK.



For information call our office: 01270 256919

