

The CC Directory - (Crewe Crisis Directory)

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Cheshire East Council



Citizens Advice Bureau Information

Bureau Numbers	Telephone	Web address
Crewe CAB Cheshire East CAB 50 Victoria Street CREWE Cheshire CW1 2JE	01270 303003 The Citizens Advice service helps people resolve their legal, money and other problems by providing free, independent and confidential advice	www.cecab.org.uk www.cecab.org.uk/A02/about_us/about_us.html
Cheshire East Adviceline	08444 111 444	www.cecab.org.uk
To Cancel Appointments	Crewe 01270 303003	

Domestic/Sexual Abuse Help

Organisation	Area/additional info	Phone contact	Website
ARCH	Crewe/Congleton Refuge and Community Support for male and female victims	01270 253957	
Cheshire East Domestic Abuse Partnership	Multi-agency forum for co- ordinating action on domestic abuse		www.cheshireeast.gov.uk/domesticabuse cedap@cheshireeast.gov.uk
Crewe Women's Aid	Refuge and community support for male and female victims	01270 250390 (24 hour)	
Domestic Abuse Family Safety Unit	Immediate safety planning and support for those at risk of serious harm	01606 363532	www.cheshireeast.gov.uk/domesticabuse
National Free Helpline	Information and support 24/7	0808 2000 247	
National Centre for Domestic Violence	Help with injunctions etc	0844 8044 999	www.ncdv.org.uk
Rape and Sexual Abuse Support Centre	Help following sexual abuse – current or historic	01260 697900	
Victim Support	Support following any crime –	0300 303 1979	

whether reported or not		
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Benefits and Funds

Organisation	Phone No	Web/email address
Attendance Allowance	0800 88 22 00 Mon- Fri – 8.00am – 6.00pm	https://www.gov.uk/attendance-allowance
Attendance Allowance / Disability Living Allowance (claim forms)	0151 934 6000	https://www.gov.uk/disability-living-allowance-dla-rates
Benefit Claim Line (8am – 6pm)	0800 055 6688	www.dwp.gov.uk/eservice/
Benefit Claim Line (via Jobcentre Plus)	0845 608 8534	
Benefit Enquiry Line (Health related)	0800 882200	www.direct.gov.uk/en/MoneyTaxAndBenefits
Carers Allowance	01253 856123 0845 608 4321	http://www.direct.gov.uk/en/caringforsomeone/moneymatters/DG_10012522
Cheshire East Benefits Advice	0300 123 5013	benefits@cheshireeast.gov.uk
Child Support Agency Dudley Office (nearest to Crewe)	0845 713 3133 Textphone: 0845 713 8924 Monday to Friday, 8am to 8pm 0845 609 0062	www.csa.gov.uk
Child Trust Fund	0845 302 1470	https://www.gov.uk/child-trust-funds/overview
Community Care Grant Form		https://www.gov.uk/community-care-grant/overview
Council Tax Benefit	0800 318459 0300 123 5013	http://www.cheshireeast.gov.uk/community_and_living/benefits_housing_council_tax.aspx

Organisation	Phone No	Web/email address
Crisis Loan Applications	0800 032 7952	www.dwp.gov.uk/publications/specialist-guides/technical-guidance/
Disability Advice – financial		https://www.gov.uk/financial-help-disabled
Disability Living Allowance	08457 123456	www.direct.gov.uk/en/DisabledPeople/FinancialSupport/ https://www.gov.uk/dla-disability-living-allowance-benefit
DLA Claim Forms	0151 934 6000	
Employment & Support Allowance	0845 608 8534	https://www.gov.uk/employment-support-allowance
General Enquiries (Cheshire East Benefits Advice line)	0300 123 5013	benefits@cheshireeast.gov.uk
Health Benefit Unit (NHS) – help with health costs etc	0845 8501166	http://www.nhsbsa.nhs.uk/
Housing & Council Tax Benefit	0300 123 5013	http://www.cheshireeast.gov.uk/community_and_living/4ounsel_housing_council_tax.aspx
Income Support	0845 608 8534	https://www.gov.uk/income-support
Independent Living Fund	0115 945 0700 0845 601 8815 Text phone:0845 601 8816	www.ilf.org.uk http://www.dwp.gov.uk/ilf/
Inland Revenue	0845 302 1462	www.hmrc.gov.uk
Jobcentre Plus Wellington House 38-44 Delamere Street Crewe CW1 2JY	0845 604 3719 Textphone: 0845 608 8551	contact-us@jobcentreplus.gsi.gov.uk crewe office
Jobseekers Allowance	0845 608 8534	https://www.gov.uk/jobseekers-allowance/overview
National Benefits Fraud Hotline	0800 854440	https://www.gov.uk/report-benefit-fraud
National Insurance Contribution Office	0191 213 5000	www.direct.gov.uk search National Insurance Contributions
National Insurance Helpline	0845 302 1479 0845 915 7006	www.direct.gov.uk search (top right) National Insurance
National Insurance Number Applications	0845 600 0643	www.direct.gov.uk search (top right) National Insurance Number
Pension Advisory Service	0845 601 2923	www.pensionsadvisoryservice.org.uk
Pension Centre International	0191 218 7777	www.direct.gov.uk search (top right) International Pension Centre

Pension Claims (New)	0845 300 1084	http://www.direct.gov.uk/ search Pension Claims
Pension Credit Claims	0800 991234	www.direct.gov.uk/en/Pensionsandretirementplanning/
Pension Credit Application Line	0800 991 234	www.direct.gov.uk search (top right) Pension Credit
Pension Forecast	0845 3000 168	www.direct.gov.uk search (top right) Pension Forecast
Pensions Local Service	01270 538127	www.direct.gov.uk
Pension Service (general)	0845 606 0265	http://www.direct.gov.uk/en/Pensionsandretirementplanning/index.htm
Sure Start Maternity Grant	Is a one-off payment to help towards costs of a new baby. The grant comes from the Social Fund and you don't have to repay it.	https://www.gov.uk/sure-start-maternity-grant
Tax Credits Helpline	0845 300 3900	https://www.gov.uk/search?q=tax+credit
Turn 2 Us –Benefits Check and advice centre	0808 802 2000	www.turn2us.org.uk
Winter Fuel Payments	08459 151515	www.direct.gov.uk search (top right) Winter Fuel Payment then select Winter Fuel
Business		
Business Debt Line	0800 197 6026	www.bdl.org.uk
Business Link	0845 600 9006	https://www.gov.uk/business-support-helpline
Chamber of Commerce Enterprise House Wistaston Road Business Centre, Wistaston Road, Crewe, Cheshire CW2 7RP	01270 504 700 Community Portal & interactive platform for the Chamber members, providing a central hub to the South Cheshire business community.	www.southcheshirechamber.co.uk
National Federation of Enterprise Agencies	01234 831623	www.nfea.com
Prince's Trust Crewe Alex Football Ground Gresty Road Crewe	0800 842842	www.princes-trust.org.uk sarah.mcCreddie@cheshirefire.gov.uk

Courts Police & Probation		
Cheshire Police Advice and Information	101 – non emergency	http://www.cheshire.police.uk/advice-information.aspx http://www.cheshire.police.uk
County Courts – Crewe	01270 539300	www.hmcourts-service.gov.uk
Magistrates Courts, Crewe	01270 539300	www.hmcourts-service.gov.uk
Probation Service	01270 257781	
Consumer		
CAB Consumer advice		http://www.adviceguide.org.uk/6ounsel/consumer_e.htm
CAB consumer fact sheets (everything from buying at auction, internet shopping, dealing with call centres to beginning court action)		http://www.adviceguide.org.uk/6ounsel/consumer_e/consumer_fact_sheets_index.htm
Community Legal Advice	0845 345 4 345	https://claonlineadvice.justice.gov.uk/ https://www.gov.uk/community-legal-advice
Financial Ombudsman Service an independent service to sort out individual complaints that consumers and financial businesses haven't been able to resolve themselves	0800 0 234 567 0300 123 9 123	www.financial-ombudsman.org.uk
Optical Consumer Complaints Service	0844 800 5071	www.opticalcomplaints.co.uk
StepChange Debt Charity	0800 138 1111	http://www.stepchange.org/Aboutus/cccs.aspx?WT.srch=1&WT.mc_id=200004&gclid=CN3t4PfoqLQCFQzKtAod2RcAXA#
Trading Standards Cheshire East Council Offices, Westfields, Middlewich Road, Sandbach, CW11 1HZ	08454 04 05 06 - advice and information for consumers such as advice on purchasing or returning goods and information for businesses about legislation and fair trading. There is also advice for farmers, motor trading companies and information	http://www.cheshireeast.gov.uk/business/trading_standards/contact_trading_standards.aspx

	about food and product safety		
Debt & Money			
Cheshire East Credit Union Breedon House, 257 Edleston Road, Crewe. Cheshire. CW2 7EA	A non-profit financial help service – helping those who can't get access to ordinary bank products; a lifeline in less well-off communities for folks grappling with their finances – loans and savings	01270 586217 0300 111 2150	http://www.merseymoney.org.uk/Cheshire-Neighbours-Credit-Union/home nfo@cncu.co.uk
CAP Christians Against Poverty. West Street Christian Fellowship Church, West Street, Crewe, CW13HE	FREE debt counselling charity, available to all, combining face to face home visits, in-depth and long term debt help with a befriending service. Insolvency options are also available where necessary	For an appointment please call our New Client Enquiries Team on 0800 328 0006 The Crewe Office: Tim Oakley (Debt Advisor & Centre Manager): 07586342478 tim.oakley@capuk.org Chris Shackleton: Debt Advisor 07503 654140 chrisshackleton@capuk.org Annette Crawford: Community Links Coordinator 07594 557938 annettecrawford@capuk.org	www.capdebthelp.org
County Court The Law Courts Civic Centre Crewe Cheshire	Crewe	01270 539300	www.hmcourts-service.gov.uk/HMCSCourtFinder/

England CW1 2DP			
Crisis Loans	An interest-free Crisis Loan to help with essential costs after an emergency or disaster, eg a flood or fire in your home.	0800 032 8350	https://www.gov.uk/crisis-loans/overview
National Debt Assistance			http://www.nationaldebtassistance.co.uk/contact.html
National Debt line		0808 808 4000	
No More Worry- national debt helpline			http://www.nomoreworry.co.uk/
Payplan		0800 280 2816 For mobile users – 0207 760 8980	www.payplan.com
Post Office Account Card Helpline		08457 223344	www.postoffice.co.uk click on Pensions and Benefits then Post Office Card Account
Post Office Card Lost/Stolen		0800 389 2101	
TaxAid – free tax advice to people who cannot afford to pay a professional adviser		0845 120 3779	www.taxaid.org.uk
The Money Advice Service	Free unbiased online advice site for all money management concerns	0300 500 5000	www.moneyadviceservice.org.uk/
Disability			
British Deaf Association		01772 259725	www.bda.org.uk/
British Tinnitus Association		0800 018 0527	www.tinnitus.org.uk
Cheshire East Care and Repair Westfields Middlewich Road Sandbach CW11 1HZ	A service provided by Cheshire East council to help people with home repairs and adaptations, home safety checks ect	0300 123 5017	careandrepair@cheshireeast.gov.uk www.cheshireeast.gov.uk/careandrepair
Cheshire Deaf Society (also known as Deafness Support Network)		01606 47831 0808 208 2440	www.dsnonline.co.uk
Deaf Parenting Project (DPP)		0800 018 4730	www.dppi.org.uk

Deafblind UK		01733 358 100	www.deafblind.org.uk info@deafblind.org.uk
Disability Resource Exchange (DRE) Unit 10, Brierley Business Centre, Mirion Street, Crewe Cheshire, CW1 2AZ	A charity run entirely by disabled people and carers for the benefit of others in similar circumstances	01270 501535	http://www.drecrewe.org.uk/ info@drecrewe.org.uk
Hearing Concerns (undergoing changes website address will change)	National	0300 111 1113 (voice)	www.hearingconcernlink.org
Hearing Dogs for the Deaf		01844 348 100	www.hearingdogs.org.uk
NDCS (National Deaf Children's Soc)		0808 800 8880	www.ndcs.org.uk
RNID (Royal National Institute for the Deaf)		0808 808 0123	www.rnid.org.uk
Support services			
British Dyslexia Association		0845 251 9002	helpline@bdadyslexia.org.uk
Department of Health		0202 7972 2000	www.dh.gov.uk
Discover Holidays (Disabled Holidays)		0800 993 0796	www.disabledholidaydirectory.co.uk
Guide Dogs		0118 983 5555	https://www.guidedogs.org.uk/
Disabled Motoring UK		01508 489449	http://www.disabledmotoring.org/
Making Space Bridle Court, Bridle Road Crewe, CW2 7EL	Supporting families caring for someone with mental illness	01270 848516 01270 257089	www.makingspace.co.uk
NAPAC	(National Ass. For people abused in childhood)	0800 085 3330	www.napac.org.uk
The Outside Clinic (Free eye and hearing tests for over 60's who cannot visit the highstreet	0800 8544 77	www.outsideclinic.com info@outsideclinic.com
Sane	is a leading UK mental health charity, working to improve quality of life for anyone affected by mental illness.		http://www.sane.org.uk/home
Scope (adults & children with	response@scope.org.uk	0808 800 3333	www.scope.org.uk

cerebral palsy)		Text: SCOPE, plus your email address and your message to 80039	
Stroke Association Leighton Hospital Flat MF51 Middlewich Road Crewe Cheshire CW1 4QJ	Marie Morgan and Alison Gilfoyle	01270 612 385	http://www.stroke.org.uk/support/crewe-0 marie.morgan@stroke.org.uk
The Lady Verdin Trust 196 Nantwich Road, Crewe Cheshire, CW2 6BP	Support for adults with learning disabilities	T: 01270 256700 T: 01270 653916 (24-hour duty team)	enquiries@ladyverdintrust.com
The Purple Onion, Breedon House, 249-251 Edleston Road, Crewe, Cheshire CW2 7EA	Crewe's unique drop-in centre for adults with learning disabilities	01270 256700 Or 01270 253683	purpleonion@ladyverdintrust.com
Vision Support		01244 381515	www.visionsupport.org.uk information@visionsupport.org.uk
Employment, Careers & Education			
Army Careers		08457 300 111	www.armyjobs.mod.uk
Career Development Loan		0800 585505	https://www.gov.uk/career-development-loans/overview
Cheshire East Youth Support Services, 23/25 Market Street, Crewe, CW1 2EW	Crewe Careers Crewe Youth Workers	01270 251002 01270 253633	On Facebook and twitter rachel.lawton@cheshireeast.gov.uk
Army Careers		08457 300 111	www.armyjobs.mod.uk
Career Development Loan		0800 585505	https://www.gov.uk/career-development-loans/overview
Crewe Jobs			http://www.crewe-jobs.co.uk/admin@britishjobs.net
Crewe Job Clubs			
Crewe Learndirect Centre and		01270 585008	crewe@advance-

Work Club , 4th Floor, Wellington House, Delamere Street, Crewe, CW1 2LQ			employability.org.uk
The Georges Community Centre, West Street , Crewe	Wednesday 1 pm - 3 pm need to book	01270 580566	info@thegeorges.org
Back to Work Club, Adult Learning Centre, Coronation,Crescent,Crewe,CW1 4EP	Wednesdays during term time from 10 – 11.30 am fortnightly basis from 9 th January	01270 685360	
Beechdrive Community Centre, 60 Beech Drive, Crewe, CW2 8RG	Mondays at Beech Drive 9.30 to 11.30 and 1.30 to 2.45. - The 1.30 session has a free crèche - places must be pre-booked for crèche 650611	01270 650611 07427 628597	http://www.beechdrive.cc/ help@beechdrive.cc
Crewe Library , Prince Albert Street,Crewe, CW1 2DH		01270 375295	crewe.library@cheshireeast.gov.uk
Fuse@189, The Foyer, 189 Gresty Road, Crewe CW2 6EL	The free weekly sessions are for 16-18 year olds who are currently seeking employment or education opportunities and run from 4.30pm until 7pm every Tuesday at Foyer@189 .	07826 471565 - Sarah White	swhite@creweymca.com
Job search		0845606 0234	www.direct.gov.uk/jobsearch
Dept for Business Innovation & skills		0207 215 5000	https://www.gov.uk/government/11rganizations/department-for-business-innovation-skills
Education Grant	Cheshire East	0300 123 55 00	www.cheshireeast.gov.uk search Education Grant

Fish4jobs			http://www.fish4.co.uk/
Ace Education Advice	General Advice Line	020 8407 5142	www.ace-ed.org.uk enquiries@ace-ed.org.uk
Employment Tribunals	Central Office & Enquiry Line	0845 795 9775	www.employmenttribunals.gov.uk
Equality & Human Rights Commission	England	0808 800 0082 Textphone: 0808 800 0084	www.equalityhumanrights.com
Jobseekers Direct		0845 6060 234	www.jobseekers.direct.gov.uk
Learn Direct		0800 100 900	www.learnirect.co.uk
Let's Talk – Crewe Library, Prince Albert Street, Crewe	Crewe Library – English conversations for beginners and those who need to improve £3 per session	Angus- 01270 375288	Crewe.library@cheshireeast.gov.uk
National Minimum Wage Helpline		0845 6000 678	www.direct.gov.uk search (top right) National Minimum Wage
Modern Apprenticeships		0800 150 600	www.apprenticeships.org.uk
New Deal - Disabled People	National	0800 137 177	www.direct.gov.uk search (top right) New Deal for Disabled People
NHS Careers Helpline		0845 6060 655	www.nhscareers.nhs.uk
Protocol Skills		0151 373 7700	www.protocol-skills.co.uk
Public Concern at Work		0171 404 6609	www.pcaw.co.uk
South Cheshire College	South Cheshire	01270 654654	www.s-cheshire.ac.uk
Tax Arbitration Service	Liverpool number	0151 243 1497	
TUC Unemployed Centre		0151 236 5432	www.tuc.org.uk
Family and Health			
Addaction, Suite 3, Breeden House Edleston Road, Crewe, CW2 7EA	Counselling and Structured Day Care, offering help for alcohol and drug dependency and their families	01270 580243	crewe@addaction.org.uk
Adoption Matters		01244 390938	www.adoptionmattersnw.org
Age UK Cheshire	Age UK Cheshire improves later life by providing life enhancing services and	01606 881660	www.ageukcheshire.org.uk

	support and by campaigning to create positive change		
Age UK National Helpline	Lines are open from 8.00am to 7.00pm, 365 days per year	0800 1696565	www.ageuk.org.uk
Alcoholics Anonymous		0845 769 7555	www.alcoholics-anonymous.org.uk
Allergy UK		01322 619 898	www.allergyuk.org
Alzheimers Society	National Helpline	0845 300 0336	www.alzheimers.org.uk
	Chester	01244 851351	
Ambulance Service – St Johns Ambulance		01244 383407	www.sja.org.uk/sja/counties/cheshire.aspx
Anthony Nolan Bone Marrow Appeal		020 7284 1234	www.anthonynolan.org
Anxiety UK		08444 775774	www.anxietyuk.org.uk
Arthritis Care		0870 850 5000	www.arthritiscare.org.uk
Asbestos Helpline	National	0151 348 5817	www.nationalasbestos.org
Autism Network , Prince Albert Street, Crewe, CW1 2DF	Promotes physical and social development, communication and self-motivation in an encouraging, friendly, supportive and fun environment, for all age of suffers.	01270 580444	http://www.autismnetworks.org.uk/
Barnados		0151 488 1100	www.barnados.org.uk
Beaumont Society – Gender Dysphoria, trans-sexualism, cross-dressing and transvetism.		01582 412220	www.beaumontsociety.org.uk
Blood Donor		0151 709 7272	www.blood.co.uk
BME Service – Pathways CIC Timbrell House, 86/88 Timbrell Avenue, Crewe, CW1 3 LY	One to One Intervention support for mild to moderate mental health conditions	01270 617685	www.pathwayscic.co.uk bme.wellbeing@pathwayscic.co.uk
Body Positive, PO Box 321 Crewe, CW2 7WZ	Working to improve the quality of life for people living with or affected by HIV & AIDS. To promote and increase the knowledge and awareness of better sexual health and relationship practices within the community through training	01270 653150	www.bpcnw.co.uk

	and support.		
British Limbless Ex Service Men's Association		0151 709 5215	www.blesma.org
British Red Cross		0151 702 5050	www.redcross.org.uk
BUPA		0800 600 500	www.bupa.co.uk
CAMHS - Crewe Mill Street Centre Mill Street Crewe CW2 7AR	Child and Adolescent Mental Health Services (CAMHS) 0 – 19 yrs are delivered by our team of specially trained workers whose job it is to improve the mental health of children and young people living in the area – any professional/worker can refer to our service	01270 253 841 Telephone consultations are available with a Primary Mental Health Worker and/or with the duty professional.	www.mymind.org.uk camhs.crewe@cwpc.nhs.uk
LD CAMHS Central Team The Mill Street Centre Mill Street Crewe Cheshire CW2 7AR	Learning Disability Child and Adolescent Mental Health Services (LD CAMHS) is for children aged 0-18 who have severe learning disabilities (SLD) and display behaviours that adversely impacts on their daily lives and those of their carers. The Team also offers PORTAGE, an early intervention service for children 0 – 3 years who have global developmental delay.	Tel: 01270 848030 Fax: 01270 252398	www.cwpc.nhs.uk
Cancer Support – Macmillan Cancer Information and Support Manager Mid-Cheshire NHS Foundation Trust , Macmillan Cancer Unit Leighton Hospital, Middlewich Road , Crewe CW1 4QJ	Julie Pieczarka	01270 273603	MacmillanInfo-Support@mcht.nhs.uk julie.pieczarka@nhs.net
Carers Trust Crewe (Unit 1, 14 & 15) Brierley Business Centre, Mirion Street, Crewe CW1 2AZ Tel:	Information, advice, support & wide range of local support services to meet the needs of carers in their own communities	01270 215440 or 0800 085 0307	http://www.carers.org/local-service/cheshire advice@cheshirecarerscentre.org.uk info@carers.org

Catch 22, 58/60 Timbrell Avenue, Crewe, CW1 3LX	Help 0 /19 yrs to steer clear of crime or substance misuse, do the best they can in school/college and develop skills for work, live independently on leaving care or custody, gain new skills and confidence as parents, and play a full part in their community	01270 617557 Hannah Hukins	hannah.hukins@catch-22.org.uk
CERS - Carers Emergency Response Overton House, West Street, CONGLETON, CW12 1JY	Specialist service which, in the event of an emergency, provides support to carers and those that they care for in their own home	01260 292850	http://www.crossroadsce.org.uk
Central Cheshire Alcohol Services, 2 nd Floor, Suite 8 Breeden House, Edleston Road , Crewe, CW2 7EA	Drug and substance abuse services	01270 580243	
Central Cheshire Drug Service Contact Details: Catherine House, Eaton Street, Crewe CW2 7EG		01270 216118	
Central Cheshire Stop Smoking Service		FREEPHONE – 0800 085 8818	
Central Cheshire Sexual Health (Leighton) Leighton Hospital Middlewich Road Crewe, Cheshire CW1 4QJ		Tel: 010270 612255	ku.shn.thcm@ertnec.htlaehlauxes
Cheshire Academy, Broad Street Primary School, CW1 3UD	Providing sporting and social opportunities for individuals with physical, sensory or learning disabilities	01270 255355 Jane Wettenhall	cheshireacadem@aol.com www.disabilitysport.com

Cheshire Deafness Support Network 144 London Road Northwich, Cheshire CW9 5HH		Tel: 01606 47831	http://www.dsnonline.co.uk/
Children's Centres – see below for addresses	Early Intervention & Family Support – free access to Health Visitors, Midwives, Speech and Language Therapist. Job Centre Plus Advisors and Early Years Practitioners are also available so quality services, activities and support to the children and their families can be offered. Centres provide access to health care professionals, parenting support and advice and back to work activities		
Monks Coppenhall Children's Centre Remer Street Crewe CW1 4LY	Debbie Jacobs	01270 371240	monkscoppenhallchildrenscentreadmin@cheshireeast.gov.uk
Oaktree Childrens Centre, Newcastle Street Crewe CW1 3LF	Lysa Randle	01270 371250	oaktreeccadmin@cheshireeast.gov.uk
The Brooks Children's Centre Balmoral Avenue Crewe CW2 6PL	Lyn Carter	01270 371 200	thebrookschildrenscentreadmin@cheshireeast.gov.uk
Cheshire East Young Person Drug and Alcohol Service	Support for young people aged 13 years/18 years who use alcohol and/or drugs regularly	07799 797949	
Cheshire Victims Support Civic Centre Crewe Cheshire		01270 212155	

CW1 2DQ			
ChildLine		0800 1111	http://www.childline.org.uk/Pages/Home.aspx or www.there4me.com
Children's Heart Association		01706 221988	www.heartchild.info
Children's Legal Centre		08088 020 008	www.childrenslegalcentre.com
Children's Society		0845 300 1128	www.childrenssociety.org.uk
Child Support Agency		08457 133133	www.csa.gov.uk
Child Trust Fund		0845 302 1470	www.childtrustfund.gov.uk
Clasp, Crewe Jubilee House, St Pauls Street, Crewe, Cheshire CW1 2QA	We offer support and help to those suddenly facing single parenthood; to those who have been a lone parent for a while; to single parents who parent from a distance; and to the children and young people within single parent families.	01270 250629	http://www.southcheshireclasp.org.uk/index.php contact@southcheshireclasp.org.uk
Claire House Hospice –Children		0151 334 4626	www.claire-house.org.uk
CLIMB (Children Living with Inherited Metabolic Diseases) 178 Nantwich Road Crewe, Cheshire CW2 6BG	Provides Metabolic Disease specific information, advice and support to children, young people, adults, families and professionals	0800 652 3181	http://www.climb.org.uk info.svcs@climb.org.uk enquiries@climb.org.uk
Compass – Voluntary Counselling Services		0151 708 6688	www.compass-counselling.org.uk
Cruse Bereavement Centre	Daytime Helpline	0844 477 9400	www.crusebereavementcare.org.uk
	Cheshire	0151 357 3235	
	Manchester	0161 236 8103	
Diabetes UK		0845 120 2960	www.diabetes.org.uk
Elder Abuse Response		0808 808 8141	www.elderabuse.org.uk
Epilepsy Helpline		0808 800 5050	www.epilepsy.org.uk

Expert Patient Programme	A community interest company running free self-management programmes for people who are living with a chronic (long-term) condition	(020 7922 7860) or freephone (0800 988 5550).	http://www.expertpatients.co.uk/get.info@eppcic.co.uk http://www.nhs.uk/NHSEngland/AboutNHSservices/doctors/Pages/expert-patients-programme.aspx
Family Information Service		0300 123 5033	www.cheshireeast.gov.uk/fis fis.east@cheshireeast.gov.uk
Families Need Fathers		0870 7607 496	www.fnf.org.uk
Gingerbread – (single parent support)		0808 802 0925	www.gingerbread.org.uk
Heart Foundation	0300 330 3311	Heart Foundation	
Healthy Start	<p>Extra help for those on benefits or if you are pregnant or have a child under four years old you could get Healthy Start vouchers to help buy some basic foods every week to spend on milk, plain fresh and frozen fruit and vegetables, and infant formula milk. You can also get free vitamins.</p> <p>Participating shops locally - K&TS Food And Wine Ltd</p> <hr/> <p>- 170 Frank Webb Avenue Crewe Cheshire CW1 3NF</p> <p>C4 Videos Ltd</p> <hr/> <p>- 317-319 West Street Crewe CW1 3HU</p> <p>Me & J Joynson T/a News Extra</p> <hr/> <p>- 106 West Street Crewe Cheshire CW1 3HE</p>	Healthy Start	http://www.healthystart.nhs.uk/

Morrisons

- Dunwood Way Crewe
Cheshire Cheshire CW1
3AW

Co-op

- Coppenhall Crewe Cheshire
CW1 4PY

Rowlands Pharmacy

- 94/96 Victoria Street (h&p)
Crewe Cheshire CW1 2JL

Asda Crewe

- Victoria Centre Crewe CW1
2PT

Wilkinson

- Unit D Market Centre
Crewe Cheshire CW1 2NG

Iceland

- 26-29 Market Centre Crewe
Cheshire CW1 2NG

Intoxicating Leisure Ltd

- 104 Alton Street Crewe
CW2 7PY

Home Start (Central Cheshire) Ashton House 1a Gatefield Street CREWE, Cheshire CW1 2JP	A national family support charity that helps parents to build better lives for their children.	Tel: 01270 252719	http://www.home-start.org.uk/ enquiries@homestart- centralcheshire.co.uk
Independent Advocacy Cheshire	Cheshire (based in Northwich)	01606 42688	www.independent-advocacy.org.uk
IRIS Vision Resource Centre (Crewe) 14 Chapel Street CREWE, Cheshire CW2 7DQ	Local charity to achieve Independence and Rehabilitation for those with Impaired Sight.	01270 250316	http://www.iris-centre.co.uk/ info@iriscentre.org.uk
Leighton Hospital Middlewich Road Crewe Cheshire, CW1 4QJ		01270 255141	http://www.mchft.nhs.uk/
Marie Stopes Sexual Health		0845 300 8090	www.mariestopes.org.uk
Maternity Action		0845 600 8533	www.maternityaction.org.uk/index.html
Mental Health Advocacy Service	Macclesfield	01625 663142	
Mind	MindinfoLine	0845 766 0163	www.mind.org.uk
Miscarriage Association		01924 200799	www.miscarriageassociation.org.uk
National Autistic Society		0845 070 4004	www.autism.org.uk
National Childbirth Trust	Enquiries	0300 330 0770	www.nct.org.uk
National Council for Divorced, Separated & Widowed		07041 478 120	www.ncds.org.uk
National Widows Association		0845 838 2261	www.nawidows.org.uk
NHS Central & Eastern Cheshire		01606 275303	
NHS Direct		0845 4647	www.nhsdirect.nhs.uk
NSPCC	The NSPCC's work is focused on helping those children who	0808 800 5000	www.nspcc.org.uk

Rainbow House 36-38 Smith Grove, CREWE, Cheshire CW1 3NB	are in greatest danger and distress	01270 588399	
NYAS – National Youth Advocacy Service		0800 616101	www.nyas.net
PALS (Hospital Patient Advice & Liaison Service) Leighton Hospital Middlewich Road CREWE, Cheshire CW1 4QJ	Confidential advice and support to patients, families and their carers, and can provide information on the NHS and health related matters	01270 612410	pals@mcht.nhs.uk
Parentlineplus		0808 800 2222	www.parentlineplus.org.uk
Pathways CIC, 86-88 Timbrell Avenue, Crewe, Cheshire CW1 3LY	Provides holistic health, well- being and employment support	01270 617 685	http://www.pathwayscic.co.uk/
Parkinsons Disease Society Parkinsons Society 27 Vine Tree Avenue CREWE, Cheshire CW2 7NT	National Crewe	0808 800 0303 01270 661358	www.parkinsons.org.uk
Paternity Enquiries Helpline		0203 334 3148	http://www.hmcourts- service.gov.uk Go to information About on left hand index
Post Traumatic Stress		01788 560800	www.traumatic- stress.freeserve.co.uk
Pregnancy Crisis		0845 2300 123	www.pregnancy-crisis.org.uk
Primary Care Trust (PCT)	Central & Eastern Cheshire	0800 5877 888	www.cecpct.nhs.uk
Rape Crisis		0808 802 9999	www.rapecrisis.org.uk
Registrar – Births, marriages & deaths		0870 2404246	www.gro.gov.uk

<p>Relate</p> <p>RELATE (South Cheshire)</p> <p>Imperial Chambers Prince Albert Street CREWE, Cheshire CW1 2DX</p>	<p>Cheshire & Merseyside</p>	<p>01606 350995</p> <p>Tel: 0870 240246</p>	<p>www.relate.org.uk</p>
<p>Samaritans</p> <p>2 Hall O'Shaw Street CREWE, Cheshire, CW1 4AE</p>	<p>Advice about difficult feelings - it doesn't matter who you are, how you feel, or what has happened. If you feel that things are getting too much then get in touch</p>	<p>Tel: 01270 216 666</p>	<p>http://www.samaritans.org/</p>
<p>Survive</p> <p>156 Nantwich Road Crewe Cheshire CW2 6BG</p>	<p>Abuse counseling service</p>	<p>01270 253179</p>	<p>io@samaritans.org</p> <p>crewesamaritans@btconnect.com</p>
<p>Talk to Frank</p>	<p>Confidential drugs advice</p>	<p>0800 77 66 00</p>	<p>http://www.talktofrank.com/frank@talktofrank.com</p>
<p>Terrence Higgins Trust</p>		<p>0845 1221 200</p>	<p>www.tht.org.uk</p>
<p>Turning Point – Alcohol & Drug problem support</p>		<p>020 7481 7600</p>	<p>www.turning-point.co.uk</p>
<p>Winston's Wish (Children's Bereavement)</p>		<p>08452 03 04 05</p>	<p>www.winstonswish.org.uk</p>
<p>Wishing Well –</p> <p>Jubilee House St Paul's Street Crewe CW1 2QA</p>	<p>A charity to improve the health and wellbeing of local people through the provision of a range of participative activities and learning opportunities identified and requested by the community – includes older peoples day care services, young peoples clubs, parenting sessions, computer sessions, photography classes etc</p>	<p>Wishing Well Base office: 01270 256919 /01270 253551</p> <p>Eagle Bridge Wishing Well Community Café: 01270 376544</p> <p>Eagle Bridge Wishing Well Advice Office: 01270 376584</p>	
<p>Women's Aid</p>	<p>Provides temporary accommodation, advice/practical help to women/children escaping domestic abuse</p>	<p>01270 250390</p>	<p>www.womensaid.org.uk</p>

Housing & Homeless			
Cheshire East Housing options and homeless team		0300 123 5017	
Emergency Housing	Cheshire East	01625 555334	www.cheshireeast.gov.uk/housing.aspx
Housing	Cheshire East	01625 500500	www.cheshireeast.gov.uk/housing.aspx
NHAS (National Homelessness Advice Service)		0845 1206 446	www.nhas.org.uk
Salvation Army, Prince Albert Street, Crewe, Cheshire, CW1 2DF	Diverse providers of social services including distribution of food/clothing to the needy, homeless advice night shelter ect	01270 500591	www.salvationarmy.org.uk Click on Find a Centre for any local branch
Shelter Cheshire Crewe CAB 50 Victoria Street Crewe Cheshire CW1 2JE	Cheshire	0344 515 2315 Or CAB on 01270 303003	http://www.shelter.org.uk/
Shelter National		0808 800 4444	www.shelter.org.uk
Wulvern Housing Association	Affordable housing	01270 503500	www.wulvernhousing.org.uk
YMCA, 189 Gresty Road, Crewe CW2 6EL	Young person's accommodation	01270 257673	www.ymca.org.uk admin@creweymca.com

Cheshire East Council

Main Number: 0300 123 55 00

www.cheshireeast.gov.uk

NB: Cheshire East Council prefer most calls to be directed through their main switchboard

Benefits	0300 123 5013	benefits@cheshireeast.gov.uk
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		emergency.assistance@cheshireeast.gov.uk
Blue Badge	0300 123 5020	Apply online http://www.cheshireeast.gov.uk/social_care_and_health/disabilities/blue_badge_scheme/applying_for_a_blue_badge.aspx
Business Rates	0300 123 5013	
Children//families	0300 123 5033	
Community Safety	0300 123 5021	
Concessionary Travel	0300 123 5020	
Council Tax	0300 123 5013	http://www.cheshireeast.gov.uk/default.aspx?page=6855
Housing	0300 123 5017	
Parking – Enquiries	0300 123 5020	
Parking – Fines	0300 123 5020	
Registration of Births, Marriages, Deaths	0300 123 5019	
Schools	0300 123 5012	http://www.cheshireeast.gov.uk/education_and_learning/schools.aspx
Social Services	0300 123 55 00	
Social Care and Health (Adult /child services)	0300 123 5010	

Other useful links

Benefits advice – www.direct.gov.uk/benefitsadviser - what are you entitled to?

Infolink - <http://www.infolinkcheshire.nhs.uk/home.aspx> - for all your health queries and more or call 01606 544474
infolink@cecpcct.nhs.uk

Stuff2do - <http://www.stuff2doincheshire.co.uk/> - for families, children and young people to find out what is on in your area